

04/25/2017

Nutrition Facts	
Serving size	1 Bottle (473 mL)
Amount per serving	
Calories	70
% Daily Value*	
Total Fat 0g	0%
Sodium 0mg	0%
Total Carbohydrate 17g	6%
Total Sugars 16g	
Includes 16g Added Sugars	32%
Protein 0g	
Niacin 10mg	60%
Vitamin B ₆ 1mg	60%
Folate 680mcg DFE (400mcg folic acid)	170%
Vitamin B ₁₂ 6mcg	250%
Biotin 300mcg	1000%
Zinc 8mg	70%
Chromium 60mcg	170%
Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium, iron, potassium and vitamin C.	
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Filtered Water, Organic Sugar, Natural Flavors, Citric Acid, Guggul Extract, Organic Green Tea Extract, Fruit and Vegetable Juice for Color, Organic Yerba Mate Extract, Organic Stevia Extract (Rebaudioside A), Zinc Sulfate, Niacinamide, Pyridoxine Hydrochloride, Chromium Picolinate, Folic Acid, Biotin, Cyanocobalamin (Vitamin B12).